

# MINI BOW AND ARROW

Teen Summer Challenge DIY-to-Go

## **Supplies Provided:**

- 4 dental floss picks
- 5 rubber bands
- Q-tips

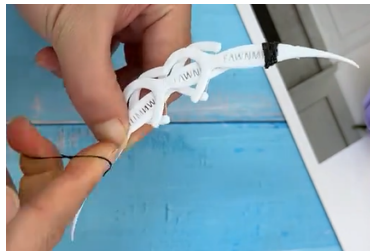
## **Instructions:**

Create a bow and arrow using nothing but dental floss and elastics. See how far you can shoot the Q-tips! Make a target to test the accuracy of your aim.

**Create the handle:** Hold two picks so that the "heads" (the parts with the floss) are facing away from each other. Slide the pointy end of one through the head of the other so that the heads are intertwined. Repeat with the other two picks.

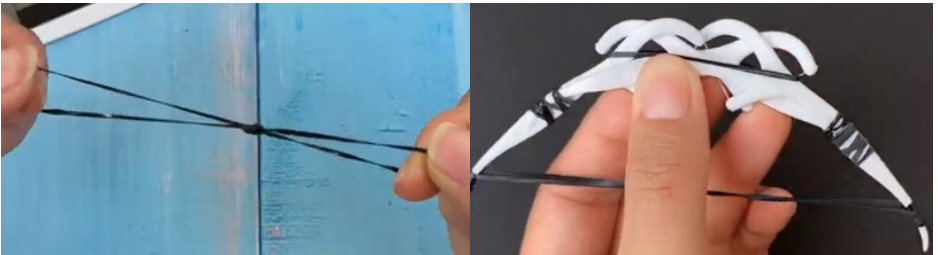


Take both sets of picks and thread them through each other to form a large bow. Tie each end of the bow tightly with an elastic band.

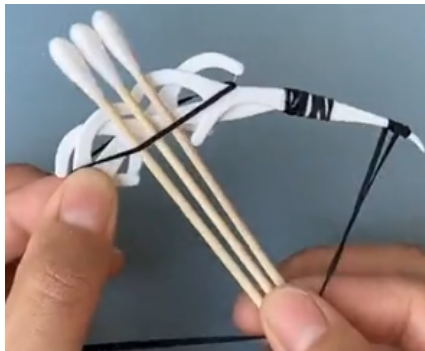


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**String the bow:** Take 2 rubber bands and knot them together in the middle. Wrap one end of the rubber band over the "hook" or the floss-bridge of the top pick. Stretch it down and wrap the other end over the floss-bridge of the bottom pick. Hook the last rubber band across the interlocking heads of the bow.



**To Shoot:** Cut off the bottom of the Q-tips. Place them in the bow so that the fuzzy tops are through the band at the pick heads and the bottoms are braced against the longer bands. Pull back the longer band holding the Q-tips in place, take aim, and fire!



**Watch videos on Youtube or TikTok if further visuals are needed.**

**Send us a picture at [teensc@virl.bc.ca](mailto:teensc@virl.bc.ca)**